



## **KINESIOLOGY BREAKTHROUGH**

Ongoing tests being carried out by Kinesiologist Tony Walton, using Irene Stein's new formulation IRENA, are producing astonishing results on patients with complaints ranging from stress related disorders and allergies to numerous other conditions (see attached list).

Kinesiology has affinities with therapies such Chiropractic and massage, while sharing the basic premises of Acupuncture and Shiatsu with regard to energy flow. Also referred to as "Touch for Health", applied Kinesiology most commonly refers to methods introduced by Dr George Goodheart, a Chiropractor from Detroit, who discovered that some of the standard muscle tests he used provided clues to the workings of the whole body.

In the mid 1960s, current thinking was that the main muscular trouble makers in backache and associated disorders were muscles that were either in spasm or too taut, thus affecting the spine, Dr Goodheart began to work on a contradictory theory, that these conditions might be caused by weak muscles on the opposite side of the body which caused normal muscles to seem to be or to become tight.

Combining Eastern ideas about energy flow with his own Chiropractic techniques and other sources, Goodheart developed his new system which involved muscle testing to determine the need for treatment. Goodheart went on to teach his findings to other Chiropractors.

Tony Walton, BDS, ITEC, ASK, a professional member of the Association of Systematic Kinesiology uses the techniques to alleviate imbalances in his patients. The way in which he does this is to carry out a series of tests to determine the patient's muscle responses; each group of muscles is related to one of the meridians of acupuncture. Where energy is restricted or excessive, the muscle may be weak. Food allergies can also be discovered: foods to which the body is allergic make muscles weaker, while those that are beneficial strengthen them.

Working on the premise that many muscular dysfunctions are caused by dietary deficiencies, Walton uses muscle testing as a tool to pinpoint such deficiencies. His normal method of working with a new patient is to carry out a basic "Fourteen Muscle Balance", a standard Kinesiology procedure. He then assesses from the imbalances he finds any likely nutritional supplementation requirements.



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The procedure involves placing samples of vitamins in the mouth of the patient, one at a time, before retesting the imbalanced meridians. What he is looking for is the one nutrient that will remedy all the meridians, but it is rare to find one: what usually happens is that he settles on a combination of supplements, usually two or three. In many cases where a client is really not well (even if they don't realize it themselves) a multivitamin/mineral is the supplement of choice.

Having heard about Tony Walton's work, Irene Stein contacted him and asked if he would be prepared to test her new formulation Irena on his patients. Irena is a unique Royal Jelly product, containing homeopathically potentised Echinacea, along with Ginseng, Capsicum, Damiana, and Saw Palmetto.

The results were astounding. Walton tested the product first on his daughter who was starting her final A level exam and preparing for her intermediate level professional ballet exam. He knew she had an imbalance bilaterally in her Central, Stomach, Liver and Lung meridians, her Left Spleen and Large Intestine meridians. Walton was astonished to find that Irena was the "panacea" requirement, balancing ALL HER MERIDIANS! He also purchased a sample of Royal Jelly from a different manufacturer and tested it in the same way. Although it helped one or two meridians, that was all. He went on to test all of his patients and in EVERY CASE found the same result; whether the client had a few imbalances or multiple imbalances, Irene Stein's Royal Jelly formulation, IRENA, was the supplement of choice in every case, BALANCING ALL THE MERIDIANS. Tony Walton told us that this was an unprecedented result.

Irene Stein is currently working with Kinesiologists in Israel to further verify these findings.

If you have any questions regarding Irene's products or would like further information, please call Irene on 972-9-9509850, 972-545-305125, UK mobile 07831-641199 or visit the website [www.irenesteinrj.com](http://www.irenesteinrj.com)



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